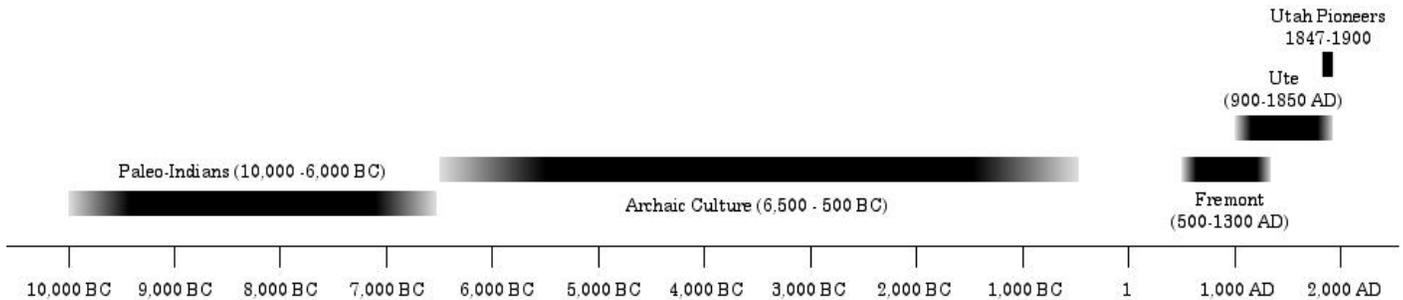


CULTURES OF UTAH LAKE: Who Came Before Us?

TEACHER BACKGROUND:

For thousands of years, differing cultures have had a special bond with what we now call Utah Lake. For some the bond was based on necessity. For others in later years, their affection for the lake was rooted in pure fun. Today many people do not realize the historical value of Utah Lake and the vital role it played. Four Native American cultures took advantage of the food resources in and around Utah Lake and the fish from Utah Lake helped sustain the Mormon settlers during the first difficult years.



OBJECTIVE:

The students will prepare and present a small skit demonstrating one of five cultural groups that have lived around Utah Lake. They will identify their group with respect to a timeline.

TEACHER MATERIALS:

Utah Lake: Legacy Video Clip—Chapter 2 ([YouTube Link](#)) ([UEN Link](#))

- Adding machine tape [receipt paper]
- Printed copies of cultural group cards (pgs. 4-6)
- Graphic Organizer (pg. 7)
- Prehistoric Uses of the Lake handout (pg. 9)

STUDENT MATERIALS:

- Graphic Organizer (pg. 7)
- Utah Lake Cultures Timeline (pg. 8)

CULTURES OF UTAH LAKE: Who Came Before Us?

PROCEDURE:

1. Prior to the lesson, choose a wall in your classroom or hallway where you can place a timeline for the Utah Lake cultures. The timeline should be at least 10 feet in length. Measure off a length of adding machine tape equal to the space you have chosen. To divide the adding machine tape into 12 equal sections, fold it in half. Then fold it in half again. Now fold it into thirds. Unfold the strip of paper and begin labeling it. Start with 10,000 BC on the starting edge of the paper and label each fold line according to the timeline above.
2. Cut out a time strip for each group and label it with the cultural group's name. Place these strips on the timeline following each group's presentation.
3. Reproduce the Cultural cards so each group member has a card for their cultural group to read.
4. Divide the students into 5 different teams and assign them one of these cultural groups: Paleo-Indians, Archaic Culture, Fremont Indians, Utes, and Pioneers. Specify a time (approximately 10-15 min) for the students to read about their culture and plan and prepare a skit.
5. The students will demonstrate in their cultural portrayal how the civilization interacted with and depended upon Utah Lake.
6. Each team will perform their skit. After each group performs their skit, place the corresponding cultural strip on the number line. After all the skits have been performed, complete the graphic organizer as a whole class.
7. Show the first part of the DVD segment "Window to Our Past" which explains about the native cultural groups.

ASSESSMENT AND/OR EXTENSIONS:

1. Writing - Students can make comic strips about their presentation.
2. Discuss how Utah Lake is used now and how it differs from cultures in the past.

ADDITIONAL REFERENCES:

None

CULTURES OF UTAH LAKE: Who Came Before Us?

STANDARDS ADDRESSED:

Language Arts

Standard I - Oral Language -- Students develop language skills for the purpose of effectively communicating through listening, speaking, viewing, and presenting.

Objective 2: Develop language through viewing media and presenting.

Indicators:

- b. Use a variety of formats in presenting with various forms of media (e.g., pictures, posters, charts, ads, newspapers, graphs, videos, slide shows).

Social Studies

Standard II – Students will understand how Utah’s history has been shaped by many diverse people, events, and ideas.

Objective 2: Describe ways Utah has changed over time.

Indicators:

- a. Identify key events and trends in Utah history and their significance (e.g., American Indian settlement, European exploration, Mormon settlement, westward expansion, American Indian relocation, statehood, development of industry, World War I and II).

Bibliography:

1. http://historytogo.utah.gov/utah_chapters/american_indians/paleo-indians.html
2. D. Robert Carter. *Founding Fort Utah: Provo’s Native Inhabitants, Early Explorers, and First Year of Settlement*. 2003. ISBN 1-57636-151-9.
3. For further information, contact the Utah Lake Commission at 801-851-2900 or write Utah Lake Commission, 51 South University Avenue, Suite 109, Provo, Utah 84601.

Paleo-Indians Indians

Archaeological evidence shows that people called Paleo-Indians were in the area of Utah Lake from about 12,000 to 8,500 B.C. They inhabited caves or brush and wood shelters. They gathered food either by hunting or by gathering, especially since they lived by an abundant lake.

Many archaeologists believe that the damp, biologically diverse marshes along the shores of lakes and slow streams supplied the richest sources of food and shelter for these people. People living near marshes found plentiful supplies of plants, such as cattails, roots, and berries, as well as animals such as birds, rabbits, and fish to eat. They also hunted large prehistoric bison, mammoth, and camels.

Archaeologists have found pottery, projectile points, basketry, and grinding equipment in many places where these people lived. Paleo-Indians are even believed to have traded with other cultures. Obsidian from Utah was used to make the famous Clovis spear points found in New Mexico.

Pioneers

Shortly after the Mormon Pioneers arrived in the Salt Lake Valley in 1847, they began sending individuals to explore the surrounding areas. Favorable reports of the Valley of Utah Lake were well-known by the pioneers. Expeditions were sent to determine if the reports of plentiful fish in the lake were true. It was not until 1849 when Fort Utah was built, that the Mormon pioneers stayed and settled the valley.

They quickly took advantage of the abundance of fish. Using seines (large nets) made of cotton yarn or flax, pioneer fishermen caught thousands of pounds of Bonneville cutthroat trout, June sucker, Utah sucker, and chub. In 1848, fishing companies were organized to collect fish for desperate settlers who were without provisions. That year, frost killed early sprouting crops. Then the crickets came. Swarms destroyed many crops that survived the freezing temperatures, and hundreds of the valley's early residents were close to starvation. Because of the plentiful fish in Utah Lake, hundreds of settlers did not suffer. Several families were fortunate to have friends who were also skilled fishermen.

Fremont Culture

From about 400 to 1300 A.D., the Fremont Culture lived in northern and eastern Utah. This group of people received their name from the Fremont River in south-central Utah. The Fremont Indians who lived in Utah Valley lived mostly along the Provo River in masonry structures. They were generally settled farmers who grew corn, beans, and squash in small plots along streams at the base of mountain ranges. They ate the plentiful fish from Utah Lake and its tributaries. Artifacts from these people include uniquely constructed baskets and moccasins, trapezoid-shaped clay figurines, and gray, coil pottery. They also used grinding implements.

Their most important food was fish. They fished Utah Lake and its tributaries with bone-tipped harpoons, basket traps, and nets. They used grooved balls as sinkers to hold down the bottom of their fishing nets. They also hunted the birds and animals that lived near the lake.

Archaeologists are not sure what caused the Fremonts to disappear. The Fremonts may have died out from a drought, or new peoples, such as the ancestors of the Ute, Paiute, and Shoshone, may have forced them to leave. Some archaeologists believe the Fremonts mixed with the new people who were moving into the area and adopted a new way of life.

Archaic Culture

The climate warmed and became more arid and Utah Lake shrank in size. The plant and animal life also changed. The huge mammoths, bison, and camels became extinct. New groups of animals such as the American bison, elk, deer, antelope, and rabbits migrated into the area.

Along with the new animals came a different culture of people. From about 2,500 to 8,500 years ago, the Archaic Culture, or hunters and gatherers, lived around Utah Lake. They used milling stones to grind seeds. To catch fish, their nets were weighted with grooved rock sinkers. They hunted with small spear-like arrows, which were thrown with a device called an atlatl.

They made baskets and chipped tools from obsidian.

Utes

The group of Ute Indians who lived around Utah Lake was called Timpanogots. Timpanogots in the Ute language means “the people who live near the mouth of a rocky canyon through which water flows.” These Utes quickly learned the best time of year to get specific types of food. They would seasonally travel to different locations near and around Utah Lake to hunt wildlife and gather plants for food.

In the spring, they would live near the lake so they could dig bulrush roots and other roots from the shores and tributaries of the lake. They would gather eggs from birds nesting on the shores of the lake.

In the late summer, they moved into the foothills and mountains where they caught small mammals. They harvested choke cherries, elder berries, service berries, and other fruits. They even caught crickets and grasshoppers, which they roasted in pits and then ground up on stone slabs. They would then mix this with berries, mold them into cookie shapes, and store them for later.

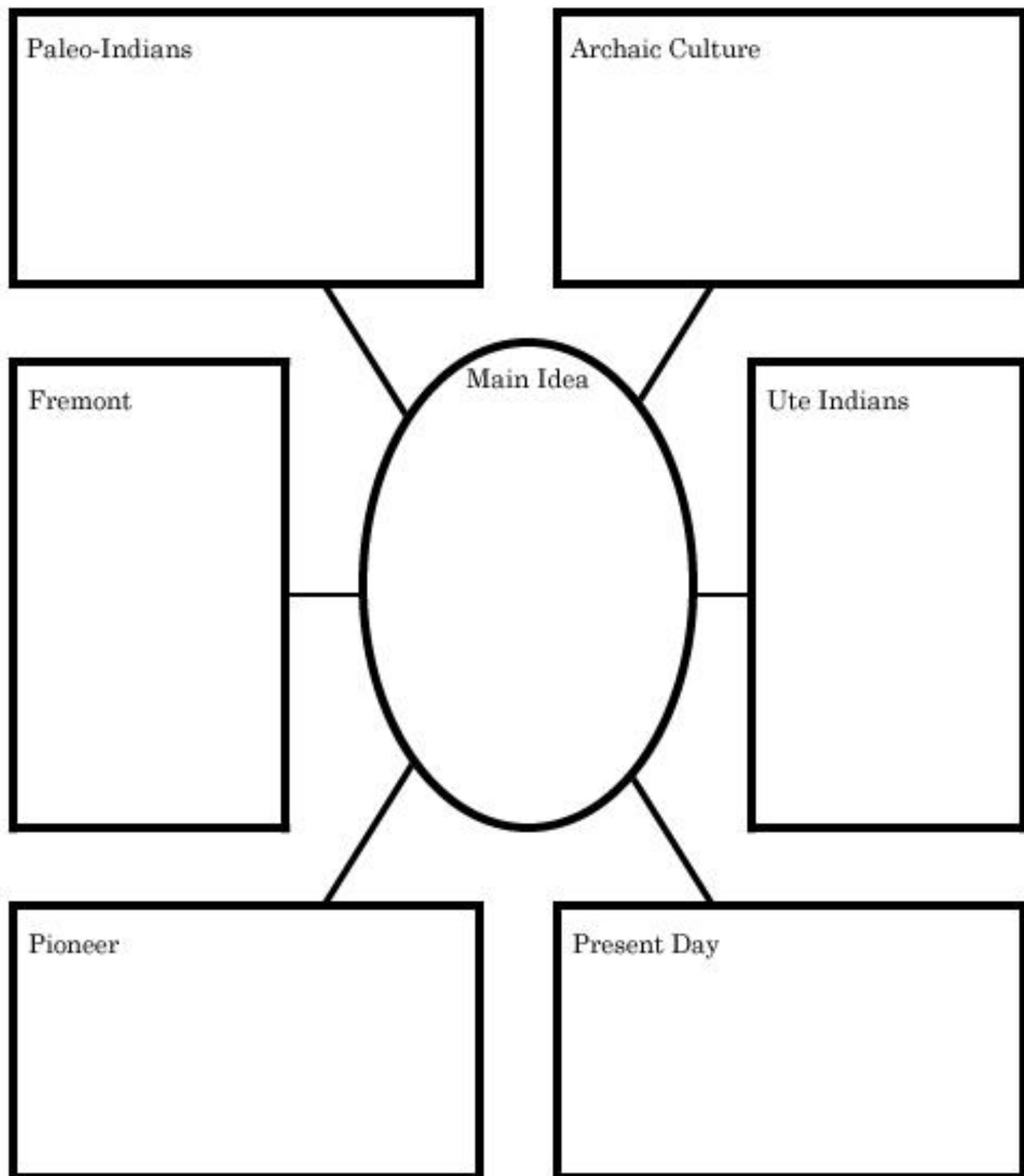
In the winter, they moved to lower elevations near the lake where they had good access to fresh water, fuel, and food. They caught whitefish, which spawned in the winter. They hunted elk, deer, mountain sheep, and an occasional bison.

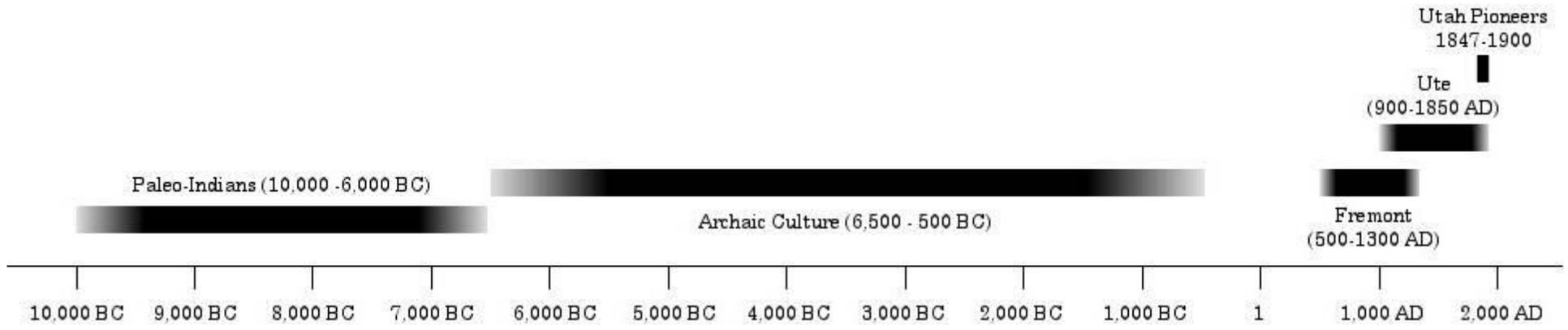
Their most important nutritional resource was fish from Utah Lake and its tributaries. They came up with many methods to fish. They used nets weighted with grooved stones during spawning seasons to capture the fish. Sometimes they built weirs or small dams, where they would frighten fish and club them to death. The fish that they did not eat would be dried and stored for the future.

After hundreds of years of living off the bountiful harvests of Utah Lake, the Utes had become one with the rivers, streams, and the lake itself. Years later, when Mormon pioneers entered Utah Valley, the Utes taught them the where, when, and how to best fish.

Name _____ Date _____

People that Lived Around Utah Lake





Prehistoric Uses of the Lake

American Indians, from as early as 6,000 B.C., used fish from the rivers and streams that flow into Utah Lake as an important source of food.

Archeologists have found the remains from three major periods of use:

The Archaic Period (6,000-3,000 BC):

The Archaic cultures hunted large animals and supplemented their diets with fish from Utah Lake.

The Fremont Period (0-900 AD): The Fremont Indians relied on crops and small game but fish from Utah Lake were their main source of food.

The Utes (Timpagot's or fish eaters): The Utes primarily ate fish. They developed innovative fishing methods and could catch large amounts at a time.

The Way American Indians Caught Fish on Utah Lake:

Fish arrows (barbed heads)

Wood gorgets (detachable spear head with a line attached)

Brush wiers (a "cage" that fish were driven into)

Woven rush/willow dip nets



A Ute camp. Note the fish-drying rack on the left.

